

**Guided Conversation - Assessment of Need (current situation)**

**Overview of situation**

How does the support you provide affect your own wellbeing?

How have things changed as a result of your caring role or have there been any recent changes?

What (If any) financial support do you or the person you care for receive?

What support or services are in place?

What support would benefit you at this current time?

Would it be helpful to receive some training to help support your Cared for? Yes/No

**Assessment**

Emotional Wellbeing: Able to take a break and spend time with family or in community

Physical Wellbeing: Able to look after physical health (Including sufficient rest)

Working carers: Able to work or access education or training

Supporting others (With support needs or Children)

Financial Security: Accessing relevant benefits

*For the above assessment questions – please respond with one of the following:*

- **Able to meet needs**
- **Supported by other services or family to meet need**
- **Unable to meet need without additional support**