Are you looking after someone who would not be able to manage without your support?

If so, you are carer. We are interesting in identifying carers, especially those people who may be caring without help or support. We know that carers are often ‘hidden’, looking after a family member or helping a friend or neighbour with a day-to-day tasks and may not see themselves as a carer.

If you are a carer, this is an opportunity to let the Practice know so that we can update our records. We want to help you receive any support as a carer to which you are entitled. We could pass on your details to Carer Support Wiltshire to provide **free** support, advice and information to carers.

As a carer, you may be entitled to your needs assessed by Adult Care Services. A carer assessment is a chance to talk about your needs as a carer and the possible ways help could be given there is no charge for an assessment or for services to carers.

Please complete the attached sheet if you are a carer and return it to the surgery.

 Your sincerely