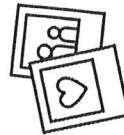


Young People, Parents or Teachers can self-refer for a Young Carer Assessment. To do this, Call **0300 456 0108** or email **MASH@wiltshire.gov.uk**

Remember, if you are a Young Carer, you do not need to go through this alone. Please tell someone you trust if you are struggling with your situation so that they can help you to get the support and resources that you need.



Contacts and Support

Carer Support Wiltshire

Website: carersupportwiltshire.co.uk
Tel for Carers: 0800 181 4118
Email: admin@carersupportwiltshire.co.uk

YAC Book

An online community and resource centre for adult carers.
Website: www.yacbook.co.uk

The Children's Society

Runs the Young Carers Festival and funds projects for young carers.
Website: www.childrensociety.org.uk
Tel: 0300 303 7000
Email: supportercare@childrensociety.org.uk

KIDS

Provide support to young carers under the age of 18
Website: <https://www.kids.org.uk/young-carers>

Action For Children

Website: www.actionforchildren.org.uk
Tel: 0300 123 2112
Email: ask.us@actionforchildren.org.uk

The Avenue Surgery

Young Carers



The Living Well Team

www.avenuesurgery.co.uk
Tel: 01985 224600