

YOUNG CARER POLICY

This policy is applicable to all students, staff and parents of The Wellington Academy.

DOCUMENT CONTROL

Responsible position:	Approved by:
Deputy Head - Safeguarding	Headteacher
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RELATED POLICIES AND DOCUMENTS

REVISION RECORD

Date	Version	Revision Description
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RELATED POLICIES AND DOCUMENTS

Policy Name	Date Issued
Safeguarding and Child protection	September 2022
Anti Bullying	November 2022
Teaching and Learning	July 2022
Section 17 of the Children Act	1989

Introduction

All students at The Wellington Academy have the right to attend school full time and have full access to their education and extra-curricular activities, regardless of context. This can be difficult for a student to achieve if they have additional responsibilities at home, this policy exists to recognise, identify, and champion those who are identified as being a Young Carer.

Definition of a Young Carer:

A young carer is a student under 18 years of age who helps to look after a family member who is disabled, physically or mentally ill (including PTSD) or has a substance misuse problem.

At The Wellington Academy, we recognise that caring can involve physical or emotional care. The level of responsibility assumed by a young carer is often inappropriate to their age and at a level beyond simply helping with jobs at home, which is a normal part of growing up; as such it may impact on the education of the young person.

Through the work of the Pastoral and Safeguarding teams at The Wellington Academy, students are:

- Appropriately identified as a vulnerable group on the school MIS
- Offered appropriate support and guidance in school
- Monitored closely for their progress
- Signposted to support and access to age-appropriate activities and events
- Recognised and celebrated for their achievements
- Able to retain privacy as a *young carer* if they wish

Identifying a Young Carer

It is important to identify and recognise young carers. Unless the school is advised about a student's home circumstances, young carers risk first being identified by negative aspects of their behaviour or work and are vulnerable to under achievement.

Some indicators that a student has a caring role are:

- Regular lateness or unauthorised absence, possibly increasing periodically
- Tiredness during the school day
- Erratic responses to homework with incomplete, late, or work not being presented
- Lack of concentration, anxiety or worry
- Under-achievement for potential capability
- Behavioural problems, especially inappropriate responses possibly resulting from anger or frustration
- Fewer peer friendships than expected but good relationship with adults and appearing mature for their age
- Being the victim of bullying, perhaps linked to a family member's disability or state of health, e.g., substance misuse problem, lack of hygiene, physical appearance etc.
- Lack of interest in extra-curricular activities, especially after the school day
- Apparent parental disinterest, e.g., non-attendance at progress or information evenings, delays in responding to phone calls/letters, etc.

Some young carers worry about appearing different to their peers, bullying or interference in their family life and may seek to conceal their role from their peers and from teachers.

Working with Primary Schools

During transition from Key Stage 2 to Key Stage 3, pupils in Year 6 who are young carers will be identified to ensure continuing support is in place for them.

Working with the Local Authority

Most young carers will meet the definition of a 'child in need' under section 17 of the Children Act 1989 and are entitled to an assessment from Children's Services. In the event of any young carers being at risk of significant harm the school's safeguarding policy will be followed.

Additional support for Young Carers at The Wellington Academy

If we believe that a student is likely to be a Young Carer, we will be sensitive when approaching them and their family about this, as we acknowledge that it may not be something they wish to disclose. When a student is identified the following support is available.

- Every Young Carer will be assigned to a member of staff, who will complete the 'who am I' profile with them, that can be shared with their teachers.
- A visual display which offers informational leaflets and posters for potential Young Carers. The school will raise the profile of young carers through assemblies, tutor activities and appropriate Values Curriculum lessons.
- Liaison and reasonable adjustment for young carers who are unable to attend out of school activities e.g., detention, concerts, etc. due to their caring role.
- Consideration of communication with home at times of stress – eg the opportunity for young carers to telephone home during breaks and lunchtimes.
- Reasonable adjustment to accommodate parental liaison around progress and pastoral issues e.g. telephone consultation for parents' evening events, parking arrangements.
- Liaison with subject teachers to make reasonable adjustment at times of need around deadlines for homework.
- Space in school to complete homework
- Sign posted to support from Wiltshire Young Carers and referrals for any trips away / financial support when appropriate.
- School counsellor.
- Attendance intervention, work support during absence.

Additional support for staff at The Wellington Academy

Staff will be directed to complete online awareness training through the Carers Trust website and where appropriate face-to-face CPD.

Leadership and Management

Oversight of Young Carers comes under the Deputy Headteacher for Safeguarding

The Assistant Headteacher for academic progress will monitor the progress of young carer and intervene as necessary at key data analysis points.

The named lead for each individual student will monitor and support the student and their family, and ensure their own knowledge is up to date through accessing the CPD found on the Carers Trust website

External accreditation and Quality Assurance

The Wellington Academy will work towards recognised accreditation by Careers Support Wiltshire

Outcomes

Pupils

- For young carers, this appendix to the Equalities Policy will ensure they are supported in school and understood by staff
- Access and equality of opportunity will be upheld
- The publicising of young carers will raise awareness in the school community that other pupils and students in our school are young carers

Staff

- Staff will be aware of the group of Young Carers in the school, and the pupils and students will be identified via SIMs and Go 4 Schools.
- Staff will be aware of the difficulties faced by young carers, offering them extra intervention as well as reasonable adjustments for homework and detentions

Parents

- The parents of Young Carers will receive regular information and will be offered reasonable adjustments to enable effective communication
- They will know and identify the named lead and will be able to communicate via telephone and email if support is needed

Quality Assurance

- The named leads will meet with the Suffolk Young Carers Schools Worker on a termly basis to review progress towards the schools award for Young Carers

The named leads will monitor young carers attendance and behaviour in school in liaison with the Progress Directors and Assistant Headteacher - Progress