Sample letter for parents – Young Carer Identification

Dear Parent/Carer,

A young carer is a young person aged 5 – 16 who looks after someone who couldn’t manage without their help. This could mean looking after a parent, brother or sister, grandparent or family friend who has a disability, long term illness, or drug and alcohol related issues.

As many as one in 12 pupils could be a young carer, and unless the school is advised about a pupil’s home circumstances, young carers risk first being identified by negative aspects of their behaviour or work. Some young carers worry about bullying and may be tired, worried, find it difficult to concentrate and have limited time for friendships and activities after school. If this is the case, we can help.

Did you know (insert name of school here) can provide extra help for young carers? By offering (examples could include; extra help with homework, flexibility around calling home, advice about how to get your child into school where transport may be an issue, a teacher to talk to and alternatives to after school activities).

(School name) can also provide advice on benefits, local support groups and more.

Do you think you have a Young Carer in your household? If so – hand this letter back into reception with the form filled out below or call (insert carers lead here).

Parents can also self-refer their young carer through MASH by calling 03004560108 or [MASH@wiltshire.gov.uk](mailto:MASH@wiltshire.gov.uk)

For more information about support for Young Carers, you can take a look at our website: [www.carersupportwiltshire.co.uk/young-carers](http://www.carersupportwiltshire.co.uk/young-carers)

Carer Support Wiltshire also provide support for adult carers. More information can be found on their website: [www.carersupportwiltshire.co.uk](http://www.carersupportwiltshire.co.uk) You can register with them via the website or contact on 0800 181 4118.

For Parent/Carer to fill:

Name of Parent/Carer:

Name of pupil (Young Carer):

Best form of contact (email/phone/mail):