



Be Young Adult Carer Aware! Key Facts for Staff



Did you know...

- **Young adult carers aged between 16 and 18 years are twice as likely to be not in education, employment, or training (NEET).**
- **A survey conducted by Carers Trust found Young Carers reported missing an average of 48 school days due to their caring role.**
- **45% of young adult carers reported that they have mental health problems.**

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