Sample letter for parents – Young Carer Identification

Dear Parent/Carer,

A young carer is a young person aged 5 – 16 who looks after someone who couldn’t manage without their help. This could mean looking after a parent, brother or sister, grandparent or family friend who has a disability, long term illness, or drug and alcohol related issues.

As many as one in 12 pupils could be a young carer, and unless the school is advised about a pupil’s home circumstances, young carers risk first being identified by negative aspects of their behaviour or work. Some young carers worry about bullying and may be tired, worried, find it difficult to concentrate and have limited time for friendships and activities after school. If this is the case, we can help.

Did you know (insert name of school here) can provide extra help for young carers? By offering (examples could include; extra help with homework, flexibility around calling home, advice about how to get your child into school where transport may be an issue, a teacher to talk to and alternatives to after school activities).

(School name) can also provide advice on benefits, local support groups and more.

Do you think you have a Young Carer in your household? If so – hand this letter back into reception with the form filled out below or call (insert carers lead here).

If you want to talk to an independent organisation around caring, go to [www.carersupportwiltshire.co.uk](http://www.carersupportwiltshire.co.uk) for information, advice and support, and have a look at the Young Carers website for more information around Young Carers at [www.carersupportwiltshire.co.uk/young-carers](http://www.carersupportwiltshire.co.uk/young-carers)

You can also call Carer Support Wiltshire on Freephone 0800 181 4118.

For Parent/Carer to fill:

Name of Parent/Carer:

Name of pupil (Young Carer):

Best form of contact (email/phone/mail):