

Volunteer Role Description

Complementary Therapies and/ or Beauty Treatments

Why do we need you?

Caring can be isolating and exhausting; emotionally and physically. Enjoying a therapy or beauty treatment unpaid carers can relax, talk and have some time for themselves. Demand for this service is high. CSW would value more skilled volunteers who can offer treatments and therapies, on site at the volunteer's work place or have use of the Wellness room at the Semington office.

As a volunteer offering free treatments through complementary therapy and beauty treatments you will help reduce carers stress levels, increase self-esteem and encourage regular conversation.

Treatments and therapy currently on offer but not limited to;

Complementary therapy

- Aromatherapy massage, Indian Head Massage, reflexology and back and shoulder massage

Beauty treatments

- Pedicure, facials and manicures

How much time is needed for this role?

- 3 hours per month however what suits.
- This role is based at within the community or at the Wellness room, Semington Office

What activities will you be involved in?

- Offer Complementary therapies and/ or beauty treatments
- Keep record of attendance, reporting any well-being concerns to CSW staff.

What can you gain from this opportunity?

1. Making a difference to carers.
2. Improved understanding of the wider carer partnerships and support services
3. Comprehensive training programme and ongoing support and supervision
4. Reimbursement of out of pocket expenses as defined by Carer Support volunteer policy.
5. Volunteers will have the opportunity to meet with other volunteers through regular social events
6. Volunteers will receive the Carer Support Wiltshire Volunteer Newsletter.

Is there Induction and Training?

- You will receive a full induction before you start

What are we looking for?

- Evidenced Training and /or a recognized qualification in the treatment offered
- Be empathetic to the needs and concerns of Carers
- Friendly approach with good listening skills
- Access to a vehicle desirable